

# Ways Kids Can Stop Bullies

Here's some ways that kids can stop bullying:

- Don't join in - have the courage to let the bully know that you don't think it's "cool" to bully someone.
- Don't be a spectator - bullies like to perform. Without an audience to perform for they are less likely to continue.
- Speak out when you see someone being bullied, speak up. Make it clear that you don't approve. ("Leave him alone." "Stop hitting her." "Don't call him that name." "I'm going to tell the teacher right now.")
- Stand up for the person being bullied and lead him or her away from the scene. Invite the target to join in with your group.
- Report any bullying you know about or see as soon as possible. Know the difference between "Telling" (which is done to prevent a bad thing from happening) and "Tattling" (which is usually done just to get someone else in trouble.)
- Make an effort to include students who are normally left out or rejected. Bullies often look for "loners" that don't have friends. Sometimes a friendly word or a kind gesture can be worth more than gold to someone who seldom receives kindness.

COMPLEMENTS OF:



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